

Class levels

1. **Total beginners'** - no previous experience needed. Vantaa Tuesday 6 p.m., Porvoo Monday 5.30. p.m.
2. **Beginners'/Basic level** (Vantaa Tuesday 7 p.m., Porvoo Monday 5.30 p.m. – in Porvoo, the teaching of the 5.30 class is in two levels) – when the beginner's class starts to flow naturally and feels easy (perhaps after a few months of dancing), it is time to move to the basic level. Many people continue to attend a beginner's class for perfecting the dance position and learning more about leading/following at the same time as they go to a basic level class in order to learn new turns.
3. When the beginners'/basic level feels easy (perhaps after about half a year of dancing – this is individual, you should listen to yourself and your own feelings), you can continue to the **improvers'** class (Vantaa Tuesday 8 p.m., Porvoo Monday 7.30 p.m.). The turns are a little longer and the music a little faster, i.e. in this class, we refine and apply what we learned earlier to slightly faster music and learn more about leading and following.
4. When the basic level feels easy (after you have been dancing for about a year or even more), then you can start attending **advanced level** classes (Vantaa Thursday 7 p.m. to 9 p.m., Porvoo Monday 7.30 p.m. to 9 p.m.) Many people in the advanced classes continue going to basic level classes in order to perfect their technique with slower music and more basic turns.